





Name: \_\_\_\_\_





Physical Education: \_\_\_\_\_

**Skip** Second Grade Benchmark: Demonstrate mature form while skipping in time to a moderate tempo provided by the instructor.

Step-Hop	Swing Knee	Swing Arm	Skip in Time
			
Steps forward. Pushes off with toes.	Swings knee upward	Swings opposite arm forward with elbow flexed	Skips in time to claps/beats

- 4=S
- 3=G
- 2=G
- 1=G
- 0=G

**Foot Dribble** Second Grade Benchmark: Demonstrate dribbling a ball correctly using the medial and lateral sides of the feet as appropriate, when moving at moderate speed 40 feet.

Shift to One	Tap Out Tap Ahead	Step Tap Ahead	Toe In Tap Ahead
			
Shifts weight and balances on non-dribbling foot	Turns toe out and taps ball with inside of foot 2. Projects ball 2-3' ahead within 3' of the midline	Shifts weight to foot 2. Redirects ball by tapping with foot 1	Turns toe in and taps ball with outside of foot on some taps while traveling 40 feet

- 4=S
- 3=G
- 2=G
- 1=G
- 0=G

**Report Card Scoring Key**

**Total Score for Motor Skills:**

- MS** – Meeting Standard (S on each motor skill)
- OT** – Approaching – On Target (at least one S on a motor skill)
- AS** – Approaching w/ support (some parts of each motor skill)
- NY** – Not Yet

**Individual Score for Motor Skills:**

- S** = Strength (score of 4 on a motor skill)
- G** = Growth opportunity (score of 3,2,1,or 0 on a motor skill)

**Knowledge and Skills:**

- MS** – Meeting Standard (Actively participates, can identify skills)
- OT** – Approaching – On Target
- AS** – Approaching Standard
- NY** – Not Yet





**Personal-Social Skills:**

- Follows rules and procedures while demonstrating responsible behavior that respect self and others.
- C** - Consistently
  - U** -Usually
  - O** – Occasionally
  - N** – Not Yet
  - W** – Area of Weakness

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**Underhand Throw** Second Grade Benchmark: Demonstrate mature form in a smooth, continuous motion when throwing a ball underhand at least 20 feet.

Grip Square to	Step Toward Target	Rock Forward	Flip Wrist
			

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**Overhand Throw** Second Grade Benchmark: Demonstrate correct arm action when throwing a ball overhand at least 20 feet (begin facing the target).

T Position	Bend Elbow Hand Back	Straighten Elbow Let Go	Finish
			
Sideways to target. Arms out to sides	Steps with opposite foot. Bends elbow. Elbow leads hand	Extends elbow. Releases ball out front	Follows through and the ball travels at least 20 feet in the air

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