

2019-20 HOLMES ATHLETICS INFORMATION

MANDATORY SPORT PHYSICAL: To participate in the Holmes athletic program, students must either turn in a complete physical card, or have a current physical (dated April 15, 2019 or later) on file. Physical forms **MUST** be turned in **BEFORE** students can participate in a sport. These forms can be turned in to the Athletic Director during Schedule Pick-up or during the school year.



REMEMBER: NO PHYSICAL FORM... NO TRY-OUT... NO PLAY!

It is the family's responsibility to arrange for a sports physical, and we encourage families to make an appointment with either their family doctor or a clinic. **IMPORTANT:** Be sure to take the Livonia Public Schools physical form to the appointment. Make sure the doctor dates it, and parents - be sure to completely fill out the back side.

PAY TO PARTICIPATE: Participation in athletics is based on the individual interest, ability and number of members per team. The payment of participation fees does not guarantee a particular role on a team or that the student will play in contests.

- A one-time participation fee of \$150 will be collected upon making a sports team.
- There is a cap of \$700 per family for secondary athletics and activities.
- The fee is due on the first day of practice after the final cut is made.
- If a student quits or is dismissed for disciplinary/academic reasons, there is no refund.

MORE INFORMATION: For more information, please visit: holmes.livoniapublicschools.org/athletics or contact our Athletic Director, Mr. Tim Olschanski at 734.744.2675/option #3 or by email at tolsch2@livoniapublicschools.org.

Sport	Sign-up Day	Season Start/End Dates
Girls Volleyball	Schedule Pick-up Day	Sept 3 – Oct 19
Boys/Girls Cross Country	(Date to be determined)	Sept 3 – Oct. 16
Boys Basketball	Oct 9	Oct. 28-Dec. 16
Girls Basketball	Dec. 19	Jan 13 – Mar 9
Boys Wrestling	Dec. 18	Jan 7 - Mar 5
Boys/Girls Track & Field	Mar 19	Apr 14 – May 26

