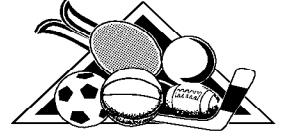




HMS 7th Grade Physical Education Participation Form



Your child was given a class information sheet (also found on my website), which we discussed together in class. This information is also important for you to know so please be sure your child shares this with you. The information includes policies related to grading, curriculum, class procedures, etc. **Please read, complete and sign this form.**

Student's Name: _____

Parent's Signature: _____

Hour: _____

Day Time Phone: _____ Email: _____

Physical Health:

As your child is involved in Physical Education at Holmes Middle School they will take part in a variety of physical activities both indoors and outdoors. Included in these activities are team and individual sports as well as fitness exercises and testing. It is imperative that I am aware of any health problems, issues or difficulties your child may have that could affect them while they are participating in Physical Education class. Therefore, please describe in detail, any information that I should be aware of. If you do not indicate otherwise, I will recognize that your child has no restrictions, limitations or health concerns that might effect their participation in class. If you need more space, please use the back of this handout.

My child does not have any **limitations** for physical education.

My child has the following **limitations** for physical education:

My child has **asthma** and needs an inhaler.